



National Gravel Routes

CODE OF CONDUCT

1. Ride Responsibly and Respect Others

- Take all litter with you and dispose of it properly
- Ensure **all gates are closed properly**
- Follow signs and temporary restrictions
- Slow down near people, livestock, and homes
- Be considerate of local residents and everyday rural activity

2. Camping and the Right to Roam (Allemansretten)

- Camp only on uncultivated land and, where possible, use established sites
- Keep a minimum distance of **150 metres** from houses, cabins, and farms
- Open **fires** are prohibited between 15 April and 15 September, *unless otherwise permitted by local authorities*

Leave no trace of your stay

Local regulations and protected areas may have additional restrictions

Shared Responsibility

The National Gravel Routes *demonstrate how cycling can coexist with local communities, land use, and nature*. Their long-term success depends on responsible, predictable use that builds trust and benefits local communities.

3. Stay on Existing Roads and Paths

- The National Gravel Routes are based on existing infrastructure.
- Ride only on public roads, gravel roads, and established paths
- Do not create new lines, shortcuts, or parallel tracks
- Where short connections follow footpaths, cyclists must ride considerately and dismount if required

4. Consider Wildlife and Seasonal Conditions

- Reduce speed and noise where animals may be present
- Be especially attentive in spring and early summer during breeding periods
- In autumn, be aware that hunting season is underway in many areas and follow any local guidance or signage.

5. Ride Within Normal Expectations

- Choose routes appropriate for your experience, equipment, & bike setup.
- Check weather and conditions before and during your ride, and be prepared to adjust plans if required
- Carry basic tools, food and clothing suitable for the journey, and plan rides with weather, terrain, and daylight in mind
- During peak summer months, *biting insects* may be present in forested and waterside environments; appropriate repellent and clothing are recommended

